



"For all the children  
of Mount Saint  
Vincent Home."  
In loving memory of  
Cynthia J. Heigman



### **"Another Chance to Smile"**

Every day that you wake is another chance to smile  
You can wonder of what's to come and you can remember the past a while  
This life gives us all a chance to experience some true greatness  
With love, with laughter and with pain, it will fill all of our senses  
Give your days the opportunity to bring to you such gifts  
The chance to live in this moment, for the days can past so swift  
There are times in life that seem too much for us all to bear  
There are moments; there are questions that make us wonder where  
Where can I breathe, and feel lightness under my foot  
In what can I believe and in what my faith is put  
For those of you here, in the care of this wonderful home  
The Mt St Vincent's love is one you can call your own  
Your school, your teachers, your family and friends all such reliable sources  
Be strong, be true, and be thankful for all these wonderful forces  
There is another whose name you see upon the written plaque  
Remembering her face and heart, my tears I must choke back  
Her strength and protective comfort, above your heads forever  
To help you build your lives and make ties you'll never sever  
Under this roof that was built from the love and care of many  
Its shade will provide solace, and smiles shall be plenty  
For me I choose to ponder of a very dear friend that I miss  
I know she's looking upon us now, to her I blow a kiss  
Thinking of those who touch us, here and now or yesterday  
Is a way to celebrate life, in the most meaningful of ways  
Do any of us know the reasons why things work as they do  
Does it matter to have the answers, are there many or too few  
Today I say thanks to all for expressing your love and sentiment  
You've shown such a will, it truly is a testament  
To the good that can be shared among strangers far and near  
For these kids, for this school and for this family right here  
Forever we'll be reminded as we gather in this place  
Of Cindy's love and strength and most of all her grace  
Every day that you wake is another chance to smile  
Just think about Cindy's laugh and escape from life a while

You will always be remembered with joy and warmth.....we love you  
Mark G. Paton

